

POLICIES AND FEES

CONFIDENTIALITY:

Everything we talk about is confidential with a few exceptions. Your written permission is required to release information regarding your case except when there is a possibility of danger to yourself or others. I am required by law to report any suspected child or elder abuse. In the interest of providing you with the best possible care, I might consult on occasion with other mental health professionals concerning your case.

SESSIONS:

Sessions are 50 minutes long. **Cancellations must be made with at least 24 hours notice to avoid being charged for the missed session.** Exceptions may be made due to illness or an unexpected event.

FEES:

Payment is due at every session either by check or cash. I do not accept credit cards. I do not participate directly with any insurance companies. I will provide you with a statement to submit to your insurance company for reimbursement. Many insurance companies will reimburse for out-of-network services. You are responsible for contacting your insurance company to determine your reimbursement rate for outpatient mental health services.

CONTACT OUTSIDE OF SESSION:

I periodically check my voice mail weekday and weekends. I do my best to return all phone calls in a timely manner. Most calls are returned the same day with the exception of the weekend. If you are having a mental health medical emergency and I can't be reached please call 911 or go to your nearest emergency room.

I have read your policies and about your fees and am in agreement.

Signature

Date